









Woodlands & Forests



Shorelines



Marshes, Lakes & Ponds















© Leo Weiskittel (female)/ Kojo Baidoo (male)







Winter (southern)













BIRDS OF THE ROCKY MTR STATES









Woodlands & Forests



Grasslands



Marshes, Lakes & Ponds













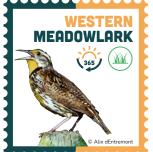
















WHEN TO SEE









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Shorelines



Grasslands



Scrub











Ponds





















WHEN TO SEE









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Desert



Marshes, Lakes & Ponds (M) Grasslands







































(365) Year-round



of area)

Year-round (most



Woodlands & Forests



Grasslands



Marshes, Lakes & Ponds







Summer (west) Year-round (east)



















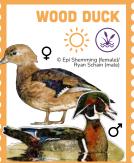














THEAST& TEXAS HE AND THE AND T







Year-round



Woodlands & Forests



Towns



Marshes, Lakes & **Ponds**

































Birds migrate to access food and other resources year-round. They might travel thousands of miles, often at night or so high above the ground that we rarely notice their epic journeys. This year, pay close attention to the birds you see in different seasons — and consider ways you can help them in their travels.



YEAR-ROUND **RESIDENTS**

Some of the most recognizable birds are those that stick around all year. These birds are adaptable, and eat a varied diet that can sustain them over



SUMMER VISITORS

Birds that visit the U.S. in summer rely on warm-weather foods like insects, fruits, or nectar. During our winter, they fly south to warmer climates.



WINTER **VISITORS**



Birds that live in the frigid northern reaches of Canada and Alaska are well-adapted to cold weather, but some do venture south when things freeze over.



HOW TO MAKE A DIFFERENCE

Migrating birds face a slew of challenges during their long flights. One of the biggest dangers is window glass, which kills over one billion birds each year in the United States alone. Fortunately, easy changes can make a difference.









MAKE YOUR WINDOWS BIRD SAFE

(365)

Simple patterns on windows make them visible to birds and help prevent collisions — but the markings must cover the whole window and be no more than 2 inches apart.



TURN OFF LIGHTS DURING PEAK MIGRATION

Birds that migrate at night are drawn to lights, which lure them into areas where they are more at risk of window collisions. Limit light pollution by going "lights out" during peak migration season.

GET TO KNOW YOUR LOCAL BIRDS

Scientists understand bird migration thanks in part to thousands of amateur birders who track and report birds year-round. Identify your local birds using the fun and free Merlin Bird ID app from the Cornell Lab of Ornithology.



Scan this OR code to download the app!



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